



1st Histon Scout Group Sickness Policy

This document outlines the policy of the 1st Histon Scout Group with regard to sickness of Scouting participants.

Sickness and Illness

If a scouting adult or young person is suffering from a communicable disease, then they should not attend any scouting activities for a period of 7 days from the start of their symptoms.

If symptoms persist after 7 days, then the scouting adult or young person should not return to scouting activities without prior agreement of their Section Leader.

If a scouting adult or young person is suffering from a high temperature and one or more of the following symptoms, then they should not attend any scouting activities for a period of 7 days from the start of their symptoms:

- a new, continuous cough – i.e. coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours
- a loss or change to their sense of smell or taste
- shortness of breath
- feeling tired or exhausted
- an aching body
- a headache
- a sore throat
- a blocked or runny nose
- loss of appetite
- diarrhoea
- feeling sick or being sick

If symptoms persist after 7 days, then the scouting adult or young person should not return to scouting activities without prior agreement of their Section Leader.

If the symptoms are mild, such as a runny nose, sore throat or mild cough, and their temperature is not elevated, then the scouting adult or young person may attend scouting activities if they feel well enough.



If a Scouting adult or young person is suffering from diarrhoea or vomiting, whether or not a communicable disease has been diagnosed, then they should not attend any Scouting activities for a period of 48 hours from their last episode.